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EAST RIDGE  COUNTRY CLUB

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*LUNCH MENU*

**Soups**

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|-----------------------------------|--------|
| Cream of Broccoli                 | \$4.25 |
| Cream of Roasted Tomato and Basil | \$4.50 |
| Vegetable Beef                    | \$4.75 |
| Chicken and Sausage Gumbo         | \$5.50 |
| Taco                              | \$4.25 |
| Seafood Gumbo                     | \$5.95 |

**Salads**

|   |        |
|---|--------|
| House Salad   |        |
| Romaine Lettuce, Tomato Quarters, Shredded Cheddar Cheese and Croutons                | n/c    |
| Caesar Salad served in a Parmesan Cheese Bowl   | \$4.95 |
| Romaine Lettuce, shredded Fresh Parmesan Cheese, Croutons, and Caesar Dressing        |        |
| Strawberry Waldorf Salad  | \$5.25 |
| Fresh Strawberries, Grapes, Apples and Celery and Almonds folded In Strawberry Yogurt |        |
| Caprice Salad   | \$4.50 |
| Tomato, Mozzarella, and Basil topped with Oil & Vinegar                               |        |

## Lunch Entrée Selection

|   |         |
|---|---------|
| *A Scoop of Chicken or Tuna Salad served on a bed of shredded lettuce or on a toasted Croissant   | \$13.95 |
| Shrimp Salad  | \$15.95 |
| *Caesar Salad   | \$10.50 |
| Romaine Lettuce, shredded Fresh Parmesan Cheese, Croutons, Caesar Dressing  |         |
| Grilled or Fried Chicken  | \$11.75 |
| Grilled or Fried Shrimp   | \$12.50 |
| Sliced Filet Mignon   | \$21.25 |
| *Strawberry Spinach Salad with Grilled Chicken and Raspberry Vinaigrette  | \$13.00 |
| Baby Spinach, Red Onions, Dried Apricots, Fresh Strawberries, Feta Cheese   |         |
| *Taco Salad – Choice of Fajita Beef, Ground Beef or Chicken   | \$16.45 |
| Mixture of Iceberg Lettuce, Carrots, Cabbage, topped with Shredded Cheese, Diced Tomatoes, Black Olives, Sour Cream Dollop, Salsa served on the side          |         |
| Chef Carter’s Famous Chicken Crepes   | \$18.95 |
| A sought after recipe of minced Chicken, Mushrooms, Onions, and additional seasonings wrapped in a Crepe, topped with Shredded Cheese and Baked to perfection |         |
| Chicken Pinwheel  | \$19.95 |
| Chicken Breast, Ham and Spinach rolled in a Puff Pastry, Baked and served over a Spinach Cream Sauce  |         |
| Baked Chicken Breast with a Choice of Sauces  | \$15.95 |
| Light White Wine, Thyme, & Lemon Sauce  |         |
| Hunter Style Sauce  |         |
| Spinach Cream Sauce   |         |
| Home-style Meatloaf   | \$16.50 |
| Baked Salmon with a Choice of   | \$17.25 |
| Lemon Caper Sauce or Spinach Cream Sauce  |         |
| Blackened Catfish   | \$16.50 |
| A Catfish Filet coated with the Seasonings of the South, and Baked to Perfection  |         |
| *Mini BURGERS - Three mini ERCC hamburgers dressed on the side  | \$14.25 |
| Homemade patties served with Lettuce, Tomato, Red Onion and Pickle served on a Sour Dough Bun with Sweet Potato Fries   |         |
| Turkey Marsala atop of a bed of Sautéed Spinach   | \$16.75 |
| Cutlets of Turkey Breast cooked in a Marsala Wine and Mushroom Sauce, served atop a bed of Sautéed Spinach  |         |

Petit Filet – Five ounce steak cooked Medium Rare

\$25.50

Served with a Mushroom Sauce

*Lunch Entrées served with a green salad, vegetable, starch, fresh rolls, water, tea and coffee*

*\* does not include Salad, Starch and Vegetable selection not required*

### **Starch**

3-Cheese Au Gratin Potatoes

Confetti Yellow Rice Pilaf

Roasted Fingerling Potatoes

Rosemary Potato Chips

Three Cheese Garlic Scalloped Potato

Garlic Mashed Potatoes

Wild Rice

Brown Rice Casserole

New Potatoes with Parsley Butter

### **Vegetable**

|   |                                     |
|---|-------------------------------------|
| Cauliflower Cheddar Mash                    | Mustard or Turnip Greens            |
| Steamed Broccoli & Yellow Peppers           | Squash Casserole                    |
| Grilled Corn Niblets                        | Black-Eye Peas                      |
| Steamed Vegetable Medley                    | Spinach Casserole                   |
| Fresh String Beans                          | Sautéed Broccoli, Onions, Mushrooms |
| Grilled Zucchini & Summer Squash            | Okra & Tomato Succotash             |
| Fresh Grilled Asparagus with a Butter Sauce | Green Peas with Fried Bacon         |

### Dessert

|  |        |
|--|--------|
| Carrot Cake  | \$6.00 |
| Italian Cream Cake   | \$6.00 |
| Bread Pudding with Chef Wendell's White Chocolate Sauce          | \$6.00 |
| Chocolate Cake   | \$4.00 |
| French Silk Pie  | \$5.25 |
| Turtle Cheesecake  | \$6.00 |
| Lemon Meringue Pie   | \$4.25 |
| Bourbon Pecan Pie  | \$6.00 |
| Key Lime Pie   | \$6.00 |
| Cobbler – Peach, Apple or Blackberry                             | \$4.00 |
| Apple Pie  | \$4.50 |
| Coconut Meringue Pie   | \$4.50 |
| Cheesecake topped with Sugar Soaked Fresh Blackberries & Peaches | \$5.00 |

### Lunch Buffet Menu Options

**Too Many Thin Mints Later** \$18.95

Two Soup Selections  
 Fresh Fruit  
 Assortment of Green Salads – Iceberg Mix and Caesar  
 Topping Options – Cheddar Cheese, Bacon Bits, Cherry Tomatoes, Olives,  
 Turkey, Sliced Boiled Eggs, Crumbled Bleu Cheese, Banana Peppers

Items priced per person, excludes gratuity and tax  
 East Ridge Country Club P O Box 6570 Shreveport, LA 71136 (318) 868-6571

Sweet Pickles, Pickled Beets, Cucumbers, Diced Red Onions, and Croutons  
Chicken Salad  
Ambrosia Salad  
Cucumber and Tomato Salad  
Crackers / Corn Bread / Fresh Rolls  
Dessert table with Lemon Meringue Pie and Chocolate Cake

**East Ridge Staple** \$24.95

Fresh Green Salad with Assorted Toppings & Dressings  
Fried or Baked Chicken  
Fried Catfish with Tarter and Cocktail Sauce  
Mashed Potatoes and Gravy  
Black-Eye Peas  
Turnip Greens  
Fresh Rolls and Corn Bread  
Dessert Station with Carrot Cake, Italian Cream Cake, Pumpkin Pie

**‘Que Time** \$20.95

Fresh Green Salad with Assorted Toppings & Dressings  
Potato Salad and Cole Slaw  
Barbecue Brisket and Chicken  
Baked Beans  
Corn O’Brien  
Fresh Rolls  
Dessert Station with Banana Pudding and Peach Cobbler with  
Vanilla Bean Ice Cream

Add Barbecue Ribs \$24.95

*Buffets served with fresh rolls, water, tea and coffee  
A minimum of fifty (50) people required for buffet option*

**EaZy BreeZy** \$ 17.25

Fresh Green Salad with Assorted Toppings and Dressing  
Grilled Hamburgers and Chicken Breast  
Buns and Condiments  
Toppings of – Cheddar, Swiss, Bleu & PepperJack Cheese  
Sautéed Onions & Mushrooms  
Chili, Jalapeños, Bacon, Lettuce, Tomato, Red Onions  
French Fries (Regular & Spicy)

Chips  
Ice Cream Sundae Bar

**Border Run**

\$ 21.95

Chips & Salsa  
Ground Meat Queso  
Make your Own Fajita/Taco – Grilled Chicken, Flank Steak, and Ground Beef  
Corn & Flour Tortillas and Hard Corn Taco Shells  
Assorted Toppings – Shredded Lettuce, Diced Tomatoes, Shredded Cheese,  
Jalapenos, Salsa, Guacamole, Sour Cream, & Chipotle Ranch  
Hot Tamales  
Mexican Brownies

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